STROKE

FIRST AID ACCIDENT & EMERGENCY

RECOGNISE THE SIGNS OF A STROKE AND ACT FAST

FACIAL WEAKNESS
ARM WEAKNESS
SPEECH DIFFICULTY
TIME TO ACT FACT

- Sudden decrease in level of consciousness
- Weakness or paralysis, especially on one side of the body
- Feeling of numbness in face, arm or leg
- Difficulty speaking or understanding
- Unexplained dizziness
- Disturbed vision
- Loss of balance
- Confusion

IN AN EMERGENCY, ALWAYS CALL AN AMBULANCE ON 000.

1. **Follow DRSABCD**

2. **Calm and reassure the patient**

CONSCIOUS PATIENT
- Support head and shoulders on a pillow
- Loosen tight clothing
- Maintain body temperature
- Wipe away secretions from the mouth
- Ensure airway is clear and open.

UNCONSCIOUS PATIENT
- Place in recovery position.

3. **Ensure call for an ambulance has been made (000).**

For all your first aid training supplies and services, contact us at

firstaidae.com.au
P: 07 5520 5068

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