CHOKING INFANT

FIRST AID ACCIDENT & EMERGENCY

SIGNS AND SYMPTOMS

Coughing, wheezing and gagging
Difficulty breathing
Making a whistling or 'crowing' noise or no sound at all
Face, neck, lips, ears or fingernails turning blue

1. **Immediately call 000 for an ambulance**

2. **Place infant with head downwards on your forearm:**
   - Support head and shoulders on your hand
   - Hold infant's mouth open with your fingers

3. **Give up to 5 back blows:**
   - With the heel of one hand to the back between the shoulders
   - Checking if the airway obstruction is relieved after each back blow

4. **Turn infant onto back, open mouth and remove any foreign material with your fingers**

5. **If unsuccessful after 5 back blows, give 5 chest thrusts:**
   - Place infant on their back on a firm surface
   - Place two fingers in the CPR compression position
   - Give 5 chest thrusts (slower but sharper than compressions)
   - Check if obstruction has been relieved after each chest thrust

6. **If infant becomes unconcious:**
   - Commence CPR and continue until the ambulance arrives.

For all your first aid training supplies and services, contact us at

firstaidae.com.au
P: 07 5520 5068

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